

## OCTOBER 2022 NEWSLETTER

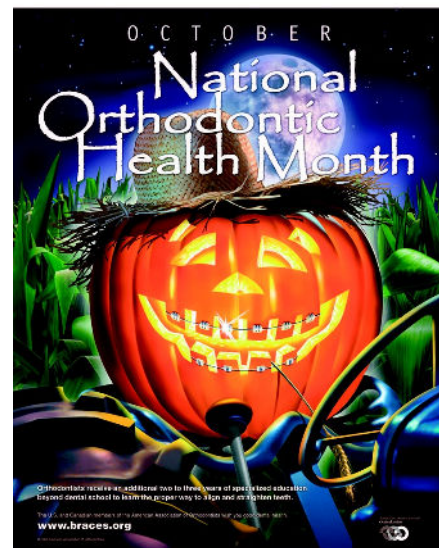


### Here's what's happening in our office....

Hello Christy,

October is always a fun month at Spoonhower Orthodontics! Not only do we celebrate Halloween and National Orthodontic Health Month, but we also celebrate Dr. Spoonhower's birthday, which is on Halloween!!

In this issue, we have the September Patient of the Month, our October contest for patients, Brace Bus information and how you can utilize this awesome service, and the monthly topic - how to "Halloween" with braces! Read on for details.....



## SEPTEMBER

Every month we pull one random name out of a box from all of the awesome patients that have been in that month with:

- *Excellent brushing & oral hygiene*
- *No broken brackets*
- *Excellent elastic wear as prescribed*

Patient  
of the  
Month

Congratulations to Alyssa Gohlke-Lee, who is our Patient of the Month for August! Alyssa received 50 extra rewards hub points as well as a certificate. Congrats, Alyssa!

## OCTOBER CONTEST FOR PATIENTS:

This month's patient contest is called **THE WITCHIN HALLOWEEN CONTEST**.

Log into the Patient Rewards Hub with your password to access the contest. In this spooktacular trivia style quiz, participants will answer 15 questions about our favorite haunted holiday-- Halloween! The player with the fastest time and the highest number of correct answers is the winner.

Participants are also encouraged to follow and like our Facebook page after completing the contest. The end of the contest is October 31st and the winner will receive a notification in their patient hub account and will earn 30 rewards points. Everyone that participates will receive 5 rewards points.

**GOOD LUCK!!**



For more information, visit our website at <http://www.smileby Spoon.com> and login to our rewards program. Please call Spoonflower Orthodontics at 330-892-0800 for more information or email us at [info@smileby Spoon.com](mailto:info@smileby Spoon.com).

**HAPPY HALLOWEEN  
BIRTHDAY**

**TO DR. SPOONFLOWER ON**

## ORTHODONTIC TOPIC: HOW TO "HALLOWEEN" W/BRACES

If you currently have braces or had them in the past, you might know the feeling of biting into a gooey Laffy Taffy or caramel-filled candy that leaves your brackets and wires coated with a sticky, sugary mess. Not only can it be exhausting to try to clean out all of that mess, but it can definitely break the brackets and cause wires to loosen and shift! We've got some tips to help you survive Halloween without anything breaking! Let's dive into the Halloween candy that is certified braces-friendly, and the ones that aren't so braces-friendly....

### **Worst Candy for Braces**

Let's get the bad news out of the way... These are the candies you should try your best to avoid with braces:

1. Hard candies: Biting into a jawbreaker, Jolly Rancher, Runt or Life Saver could land you right in our exam chair with a broken bracket or loose wire. Not only can some hard candies damage your braces, but they can also damage your teeth! Be extra careful with hard Halloween candy and avoid it as much as possible.
2. Sticky candies: Those sticky candies that require some serious chewing – you know the ones – should be donated to your friends' bags this Halloween. A Laffy Taffy, Starburst, Now & Later or caramel-filled candy can stick to your brackets and wires, get lodged between your teeth and braces, or pull a wire loose while you're chewing.
3. Nuts: Snickers, peanut M&M's, PayDay, Peanut Brittle, and chocolate-covered almonds unfortunately aren't a good idea either. Nuts are infamous for getting stuck in wires and stuck between teeth. Similar to hard candy, biting down on a nut can require an extra trip to our office for repairs.

If you saw your favorite candy (or

*OCTOBER 31ST!*



**"MR. PERSONALITY"**

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your child's favorite candy) on that list, we send our deepest condolences. Take a moment to grieve, donate your candy to someone else, then read on for the good news....

### **Best Candy for Braces**

1. Reese's Peanut Butter Cups
2. Hershey's chocolate bars
3. Hershey's kisses
4. Three Musketeers
5. Milky Ways
6. Mounds
7. Kit Kat Bars
8. York Peppermint Patties
9. Ice cream/Ice cream sandwiches
10. Soft cookies without nuts: (sugar cookies, chocolate chip cookies, peanut butter cookies, oatmeal creme pies)
11. Cupcakes

You aren't as limited as you may have thought! There are tons of different braces-friendly candies out there. Don't limit yourself to old favorites. If you aren't sure whether your favorite candy is a braces-friendly snack, we encourage you to reach out to us or ask us at your next appointment.

### **COLORS OF THE MONTH**

Each month we feature a different color combination you can get on your braces with the elastic ties! We even give the color combination a cool name and have it on display so you can see what it will look like!

*Here are this month's colors.....*



## **BRACE BUS INFORMATION**

Our complimentary Brace Bus service is at your service! The Brace Bus shuttles kids to and from school to our office for their appointments. This allows parents to not have to take off work and minimizes the amount of time kids miss from school. Here are the details of the Brace Bus.....

**Spoonhower  
Orthodontics  
BRACE BUS!**

- Shuttles to/from Green Intermediate School on Tuesdays
- Shuttles to/from Green Middle School on Wednesdays
- For 9:00am, 10:30am, and 1:30pm appointments only
- Authorization paperwork needs completed/signed BEFORE use
- Scott is our Brace Bus driver and has completed all of the necessary steps to ensure safety
- Contact our office if you are interested in utilizing this free service





Did you know we are accepting new patients? The biggest compliment we can ever receive is the referral of a family member or friend, or an online [Google](#) review. We thank you for your confidence in us and we appreciate your business and your referrals! We look forward to seeing you in the office soon!

*[Click here to leave us a Google review!](#)*

Sincerely,  
Dr. Christopher Spoonhower & Staff



Monday: 9:00 a.m. – 6:00 p.m.  
Tuesday: 9:00 a.m. – 5:00 p.m.  
Wednesday: 9:00 a.m. – 5:00 p.m.  
Thursday: 7:30 a.m. – 3:30 p.m.

Reach Out To Us

Call Us Today: (330) 896-0600  
[doc@smilebyspoon.com](mailto:doc@smilebyspoon.com)  
1410 Boettler Rd.  
Uniontown, OH 44685



**Please Note:** Our office is closed on Fridays, however we DO have limited patient emergency hours. Should you have an orthodontic emergency, please call the office. If we do not answer, please leave a message and we will call you back as soon as possible.

**Regarding Insurance:** If your insurance covers orthodontic treatment, you will be reimbursed directly from your insurance company. This will reduce your overall out of pocket expense for treatment. Many insurance policies have a lifetime orthodontic benefit that is distinct from regular dental insurance. Insurance policies vary, so we will review your insurance to determine the appropriate course of action. (Once treatment has started, we will file your claims).

Our office is committed to helping you maximize your insurance benefits. Due to the fact that insurance

policies vary, we can only estimate your coverage in good faith, but cannot guarantee coverage due to the complexities of insurance contracts. Please inform us, too, of any changes to your insurance coverage.

Spoonhower Orthodontics | 1410 Boettler Road, Uniontown, OH 44685

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