

JUNE 2022 NEWSLETTER



Here's what's happening in our office....



Greetings!

TEAM SPOON TAKES MIAMI!

Our team traveled to Miami in May for the AAO (American Association for Orthodontics) conference. We learned valuable tidbits of orthodontic knowledge to bring back to our office and implement. We strive to deliver top

notch customer service on top of quality orthodontic treatment, so we are excited about what we have learned that can help us grow and make the orthodontic treatment process that much better for our patients!

Also in this issue, we have a reminder about the concert contest wristbands, the May Patient of the Month, our June contest for patients, the Colors of the Month for June, a **SPOTLIGHT** on one of our new Team Spoon members - Heather, an announcement about our outdoor yard games, and finally our monthly orthodontic topic: how to use wax with braces. So, lots to share! Read on for details.....



DON'T FORGET TO TURN IN YOUR CONCERT CONTEST WRISTBAND!

Just a friendly reminder that if you have a concert contest wristband, you **MUST** bring it in to our office by **Thursday June 30th** to be entered into the contest to win 4 tickets to see Shawn Mendes.

When you bring it into the office, write your name on the back and put it in the gold ticket spinner by the front desk.

We will pick a winner and announce them on Facebook on Tuesday July 5th.

MAY

Every month we pull one random name out of a box from all of the awesome patients that have been in that month with:

- *Excellent brushing & oral hygiene*
- *No broken brackets*
- *Excellent elastic wear as prescribed*

Patient
of the
Month

Congratulations to Alli Messina, who is our Patient of the Month for May! Alli received 50 extra rewards hub points as well as a certificate. Congrats, Alli!

SPOTLIGHT ON NEW TEAM SPOON MEMBER:

HEATHER

Heather graduated from Hudson High school in 2002. She immediately started a career in Banking for 10 years until she decided that she wanted to stay home with her two kids. Heather obtained her license in real estate in 2019 from Hondros Business College. She moved to Green in 2020 and absolutely loves it here! Heather is the latest addition to our office, having joined Team Spoon in January 2022 as an orthodontic assistant. She is enjoying broadening her career in the dental field and looks forward to meeting all of you! Heather spends her time outside of work with her family and watching her kids play sports. She also enjoys taking weekend trips to ride the Hatfield McCoy trails in her side by side. She loves a good board game and playing Euchre with friends.



Things to know....

JUNE CONTEST FOR PATIENTS:

This month's patient contest is called **AUSSIE ANIMALS TRIVIA CONTEST**.

Log into the Patient Rewards Hub with your password to access the contest. Is a koala a bear? Is a wallaby larger than a kangaroo? You will find out in this fun contest about the animals Down Under. The quicker you answer correctly the higher your score.

Participants are also encouraged to follow and like our Facebook page after completing the contest. The end of the contest is June 30th and the winner will receive a notification in their patient hub account and will earn 30 rewards points. Everyone that participates will receive 5 rewards points. **GOOD LUCK!!**

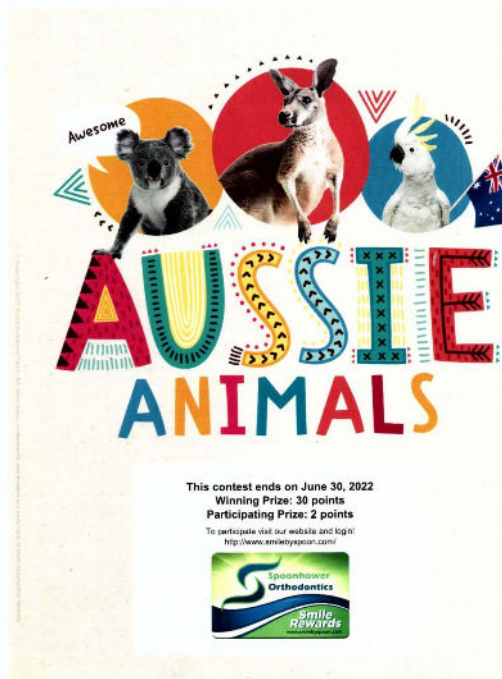
ORTHODONTIC TOPIC:

HOW TO USE WAX FOR BRACES

Braces are a fact of life, and while occasionally uncomfortable, will ultimately help you get the smile you deserve. But sometimes, you may experience a pokey sensation that may be uncomfortable due to wires pressing against your gums. That's where dental wax comes in, a special wax you can have on hand that will provide relief and prevents pain. Here's a look at what orthodontic wax is, how to put it on, and how it can ease your braces discomfort. What's important to note is that orthodontic wax is natural and safe to have in your mouth.

How Does Dental Wax Work?

The unique properties of dental wax make it perfect for protecting your gums from the metal edges of braces. The wax is solid at room temperature but can be softened and shaped by the warmth of your hands. When smoothed onto the braces that irritate, it sticks to them and creates a buffer between the brackets and the gums. Dental wax remains smooth while in the mouth and harmlessly flakes



How to use wax: A.K.A how to get it to stick

@braces_101

1. Dry the area irritating you using a Cotton ball/tissue.
2. Pull off a generous amount of wax and roll it into a ball with your fingers.
3. Stick it onto the wire/bracket that's bothering you. Make sure this entire time the area stayed dry!



away or peels off as it breaks down.
How to Put Wax On Braces
Whether you're protecting your gums from new braces or sticking down a piece of protruding wire, the procedure for applying dental wax is the same:

- Wash your hands
- Brush all of your teeth
- Pinch off a piece of wax about the size of a small pea
- Squeeze until it softens and roll it into a ball, then flatten the ball slightly
- Dry excess saliva off of area by using a Q-tip or tissue (this is an essential step to make sure the wax sticks)
- Gently push the wax onto the problem area of the braces. You can also use your tongue to adjust the wax if it's helpful.

Keep in mind, if your wire continues to protrude or become out of place, contact us so that we can adjust it. If you run out of dental wax, you can get more wax at our office or even buy more at a pharmacy. As far as how long dental wax should stay in place, you can wear it overnight and replace the wax as needed, though you should replace it every two days. While you can eat and drink with wax, you should remove it if food becomes stuck or the wax gets dirty.

Dental wax is safe, natural, and helpful during those unpleasant times when wires become loose or you experience irritation, and can make your braces experience less uncomfortable. If you need assistance applying dental wax, we would be happy to show you how. Otherwise, know that you have a simple tool on hand that can improve your braces experience.

COLORS OF THE MONTH

Each month we feature a different color combination you can get on your braces with the elastic ties! We even give the color combination a cool name and have it on display so you can see what it will look like!

Here are this month's colors.....



OUTDOOR YARD GAMES ARE BACK!

Cornhole anyone?

How about giant Jenga or Connect 4?

We are happy to share that our yard games are back and will be outside (weather permitting) for families to enjoy while waiting for patients to finish with appointments!

Did you know we are accepting new patients? The biggest compliment we can ever receive is the referral of a family member or friend, or an online [Google](#) review. We thank you for your confidence in us and we appreciate your business and your referrals! We look forward to seeing you in the office soon!



Click here to leave us a [Google](#) review!

Sincerely,
Dr. Christopher Spoonhower & Staff



Monday: 9:00 a.m. – 6:00 p.m.
Tuesday: 9:00 a.m. – 5:00 p.m.

Reach Out To Us

Wednesday: 9:00 a.m. – 5:00 p.m.

Thursday: 7:30 a.m. – 3:30 p.m.

Call Us Today: (330) 896-0600

doc@smilebyspoon.com

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Uniontown, OH 44685



Please Note: Our office is closed on Fridays, however we DO have limited patient emergency hours. Should you have an orthodontic emergency, please call the office. If we do not answer, please leave a message and we will call you back as soon as possible.

Regarding Insurance: If your insurance covers orthodontic treatment, you will be reimbursed directly from your insurance company. This will reduce your overall out of pocket expense for treatment. Many insurance policies have a lifetime orthodontic benefit that is distinct from regular dental insurance. Insurance policies vary, so we will review your insurance to determine the appropriate course of action. (Once treatment has started, we will file your claims).

Our office is committed to helping you maximize your insurance benefits. Due to the fact that insurance policies vary, we can only estimate your coverage in good faith, but cannot guarantee coverage due to the complexities of insurance contracts. Please inform us, too, of any changes to your insurance coverage.