

FEBRUARY 2022 NEWSLETTER



Here's what's happening in our office....

Greetings!

Love is in the air! We love our patients. We love creating beautiful, lasting smiles. We love our team. We love everything and we hope you do too! In this newsletter we have the January Patient of the Month, our February contest for patients and the Colors of the Month for February, as well as our monthly orthodontic topic: how to properly clean retainers. Read on for details.....



JANUARY

Every month we pull one random name out of a box from all of the awesome patients that have been in that month with:

- *Excellent brushing & oral hygiene*
- *No broken brackets*
- *Excellent elastic wear as prescribed*

Patient
of the
Month

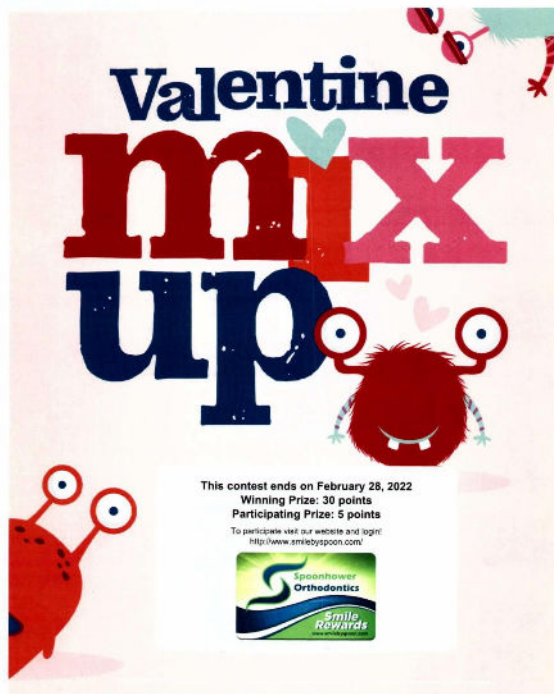
Congratulations to Eiann Simpson, who is our Patient of the Month for January! Eiann received 50 extra rewards hub points as well as a certificate. Congrats, Eiann!

Things to know....

PATIENTS:

This month's patient contest is called **Valentine Mix Up Contest**. Log into the Patient Rewards Hub with your password to access the contest. Sprinkle some fun on Valentine's Day with this mixed up word scramble contest. The player who unscrambles the Valentine's words quickest earns the highest score. Participants are also encouraged to follow and like our Facebook page after completing the contest. The end of the contest is February 28th and the winner will receive a notification in their patient hub account and will earn 30 rewards points. Everyone that participates will receive 5 rewards points.

GOOD LUCK!!



HOW TO PROPERLY CLEAN RETAINERS

Regardless of what type of retainer you have, it is very important to keep your retainer clean from food particles and dried saliva. Retainers should be cleaned by gently brushing using a soft-bristled toothbrush with warm water and a small amount of non-abrasive, non-whitening toothpaste every time you brush your teeth. Always rinse the retainer with cold water after cleaning.

A more extensive cleaning can be done once a week using a baking soda paste, vinegar, denture cleaner, or retainer cleaner. Avoid using alcohol based mouthwash when cleaning retainers because not only can it dry out the retainer (and your mouth), it can discolor the retainer over time. If you do use mouthwash, only use non-alcohol based, brush with a soft-bristled toothbrush, and rinse immediately with cold water. Never keep a retainer submerged in mouthwash for any length of time. Here are some signs that a person needs to clean their retainer:

- the retainer smells or tastes bad
- there is a film on the retainer
- the retainer looks cloudy
- it has been more than a week since it was cleaned
- there are white spots on the retainer.

Should you have any questions regarding keeping a retainer clean, please do not hesitate to contact our office or ask at your next scheduled appointment.

COLORS OF THE MONTH

Each month we feature a different color combination you can get on your braces with the elastic ties! We even give the color combination a cool name and have it on display so you can see what it will look like!

Here are this month's colors.....

"LOVE BUG" --->



Did you know we are accepting new patients?
The biggest compliment we can ever receive is
the referral of a family member or friend, or an
online [Google](#) review. We thank you for your
confidence in us and we appreciate your
business and your referrals! We hope to see
you in the office soon!

[Click here to leave us a Google review!](#)

Sincerely,
Dr. Christopher Spoonhower & Staff



Monday: 9:00 a.m. – 6:00 p.m.
Tuesday: 9:00 a.m. – 5:00 p.m.
Wednesday: 9:00 a.m. – 5:00 p.m.
Thursday: 7:30 a.m. – 3:30 p.m.

Reach Out To Us

Call Us Today: (330) 896-0600
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Uniontown, OH 44685



Please Note: Our office is closed on Fridays, however we DO have limited patient emergency hours. Should you have an orthodontic emergency, please call the office. If we do not answer, please leave a message and we will call you back as soon as possible.

Regarding Insurance: If your insurance covers orthodontic treatment, you will be reimbursed directly from your insurance company. This will reduce your overall out of pocket expense for

treatment. Many insurance policies have a lifetime orthodontic benefit that is distinct from regular dental insurance. Insurance policies vary, so we will review your insurance to determine the appropriate course of action. (Once treatment has started, we will file your claims).

Our office is committed to helping you maximize your insurance benefits. Due to the fact that insurance policies vary, we can only estimate your coverage in good faith, but cannot guarantee coverage due to the complexities of insurance contracts. Please inform us, too, of any changes to your insurance coverage.